



Bhoj Reddy Engineering College for Women

(Sponsored by Sangam Laxmibai Vidyapeet, Accredited by NAAC with a A Grade, Approved by AICTE and Affiliated to JNTUH,
Recognized by UGC under section 2(f) of the UGC Act, 1956)
Vinaynagar, IS Sadan Crossroads, Saidabad, Hyderabad – 500 059, Telangana. www.brecw.ac.in



File No: BRECW/PO/NSS/Health Checkup Camp/AY/24-25/66

11 March 2025

// Circular //

Free Health Checkup Camp

This is to inform that the NSS Committee is conducting a "Free Health Checkup Camp" on 15 March 2025(Saturday) by M/s Vijaya Diagnostic Centre, Hyderabad for all the Staff who are 28 years and above at Seminar Hall – 1, West Block, Room No. 401 from 10:00 am to 4:00 pm.

The Health Checkup includes the following:

1. Body Fat Percentage
2. Muscle Mass
3. Bone Mass
4. Body Mass Index (BMI)
5. Daily calorie Intake (DCI) Basal Metabolic Rate (BMR)
6. Metabolic Age
7. Body Water Percentage
8. Visceral Fat
9. Random Blood Sugar (No fasting required, only for individuals aged above 30 years)
10. Heart Rate
11. Blood Pressure Check using Electronic Monitor
12. Eye Checkup
13. Oral Dental checkup.


Principal

All the Heads of Departments & Faculty / HOFs / Sections / Branches for information and with a request to circulate among the staff members.

Copy to:

1. Secretary
2. Chief Operating Officer
2. Director HR Academics
3. Vice Principal
4. Seminar Hall & Workshop Coordinator
4. Maintenance Officer, BRECW
5. Security Supervisor
- 6.. File



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Date: 18 March 2025

Report on Free Health Checkup Camp

The NSS Committee, in collaboration with M/s Vijaya Diagnostic Center, successfully organized a Free Health Checkup Camp for all staff members on 15 March 2025. The event was held in West Block Room No. 401, from 10:00 AM to 4:00 PM. The camp aimed to provide a comprehensive health checkup to the staff, promoting early detection and prevention of health issues.



Free Health Checkup Camp in West Block, Room No. 401 on 15 March 2025

The event was inaugurated by Director HR Academics, Dr. Gracy Saila Sree, with a ribbon-cutting ceremony. The event was attended by Principal Dr. J. Madhavan, Vice Principal Mr. G. Dayakar Reddy, NSS Coordinator Ms. K. Sandhya, and other NSS Committee members. Later, our Secretary, Dr. V. Sudha, participated in the event, emphasizing the importance of regular health checkups and praising the NSS Committee for organizing the camp. The camp was supported by a team of experienced doctors, nurses, and technicians from M/s Vijaya Diagnostic Center.



Free Health Checkup Camp in West Block, Room No. 401 on 15 March 2025

The health camp witnessed an overwhelming response, with a significant number of staff members participating in the event. The camp offered 12 medical tests and checkups, including body fat percentage, muscle mass, bone mass, BMI, BMR, metabolic age, body water percentage, random blood sugar, heart rate, BP, eye checkup, and oral dental checkup.



Free Health Checkup Camp in West Block, Room No. 401 on 15 March 2025

A total of 127 staff members participated in the health checkup camp, and the feedback was overwhelmingly positive. Many staff members expressed their gratitude to the NSS Committee and M/s Vijaya Diagnostic Center for organizing the camp. The event not only provided a valuable health checkup but also fostered a sense of community and well-being among the staff members.



Free Health Checkup Camp in West Block, Room No. 401 on 15 March 2025

The Free Health Checkup Camp was a resounding success, providing a comprehensive health checkup to the staff members and promoting a culture of wellness and prevention. The NSS Committee is committed to organizing more such events in the future, ensuring the health and well-being of our staff members.


Dr J Madhavan

Principal